U.S. Groups:

SUNDAY GROUPS

Administrative Mentor / Co-Mentor:
John Clinton Bradley / Denise Junker
johnclint@gmail.com
denise.e.junker@gmail.com
Group #: 6458
Status: Recruiting for September 2024
Meeting Day and Time: Sunday, 5-7 p.m. ET
More Info & Reservations https://bit.ly/efm6458

Administrative Mentor: RoseAnn Evans
roseann.evans@yahoo.com
Group: 18117
Status: Recruiting for September 2022
Meeting Day and Time: Sunday, 3-5:00 p.m. ET

Administrative Mentor: Mandy Frantz
mandydfz@gmail.com
Group: 6742
Status: Began January 8, 2023
Meeting Day and Time: Sunday from 4-6:30 p.m. ET, meeting bi-weekly

Administrative Mentor: Cathrene Glick
glickcathrene@gmail.com
Group #: 5698
Status: Begins in February each year.
Meeting Day and Time: Sunday 7:30–9 p.m. EST

Administrative Mentor: Mary Novello
marynovello@icloud.com
Group #:
Status: Recruiting for February 11, 2024, start. Has openings. All years welcome.
Meeting Day and Time: Sunday, 6 p.m. ET

Administrative Mentor / Co-Mentor:
Ruth Richter / Cindy Pekarek
ruthrichter@roi-consulting.com
circlecnp@gmail.com
Group #: 5482
Status: Recruiting for September 2023. Starting September 17. Still have openings.
Meeting Day and Time: Sunday, 6:15 – 8:15 p.m. CT

Administrative Mentor / Co-Mentor: Sandra Squires / Tammy Lassen
Group #: 12643
sandrasquires1@icloud.com
tammylassen@twc.com
Status: Full for Fall 2022
Meeting Day and Time: Sunday, 1:30 – 3:30 p.m. CT, with pre- & post-consultation time upon request

Administrative Mentor / Co-Mentor:
Maggie Taliaferro / Kay Flores
maggietaliaferro@gmail.com
kaydflores@gmail.com
Group #: 5232
Status: Open for all years for Fall of 2023
Meeting Day and Time: Sunday, 6:30–8:30 p.m. CT

MONDAY GROUPS

Administrative Mentor / Co-Mentor
Gaines Campbell / Wendy Lomicka
gcampbell@videousa.com
wenlom@gmail.com
Group #: 6898
Status: An active group and recruiting for September 2023. Openings for all class years.
Meeting Day and Time: Monday, 6:30 – 9 p.m. ET

Administrative Mentor / Co-Mentor: Bob Coghill / Laura Achee
rcoghill2@gmail.com
artic_cajun@yahoo.com
Group #:
Status: Recruiting for 2023-2024. Beginning September 11, 2023
Meeting Day and Time: Monday, 5:30 p.m. Alaska time (PT -1)

Administrative Mentor / Co-Mentor: Katherine Duck / Gary Duck
katduck@gmail.com
gduck49@gmail.com
Group #: 5807
Status: Full for January 2023. Accepting participants for 2024.
Meeting Day and Time: Monday 7:30–9:15 p.m. ET. We take 8 weeks off in the summer and the month of December.

Administrative Mentor / Co-Mentor: Esther Harbert / Kristen Reinberger
eharbert@gmail.com
kristen.a.reinberger@gmail.com
Group #: 15063
Status: Current group is full for 2022; recruiting for September 2023. Visit their website for more information.
Meeting Day and Time: Monday 6:30 p.m. ET (some flexibility)

Administrative Mentor / Co-Mentor:
Steve Isham / Karen Byers
stevenisham@charter.net
kdbyers@comcast.net
Group #:Status: Recruiting for Fall 2021; starting September 13, 2021
Meeting Day and Time: Monday, 2:30 – 5:00 p.m. ET

Administrative Mentor: Ken Kimsey
kenkimsey53@gmail.com
Group: 6332
Status: Beginning September 12, 2022. Openings for Years 2 and 4
Meeting Day and Time: Monday, 6:00-7:30 p.m. ET

Administrative Mentor / Co-Mentor:
Jim Morton / Ken Alexander
jimmorton2000@comcast.net
kbalexx119@gmail.com
Group #: 6771
Status: Our group is currently active and will have 5 new openings in Fall 2023. If you're interested or just have questions, please contact Ken or Jim by September 1.
Meeting Day and Time: Monday, 9 a.m. – 12 Noon EST

Administrative Mentor: Melody Oliphant
merriemelody39@gmail.com
Group #: 12715
Status: Recruiting for Fall 2023
Meeting Day and Time: Monday, 6:30 – 9 p.m. MT

Administrative Mentor: Chris Opsal
clopsal@gmail.com
Group #: 15381
Status: The group is accepting a few more members for Fall 2023.
Meeting Day and Time: Monday, 6:30 – 8:30 p.m. Central Time.

Administrative Mentor / Co-Mentor:
Karen Otte / Victor Friedrich
karen.otte@me.com
victor.friedrich@mac.com
Group #: 6616
Status: Recruiting for September 12, 2022, start.
Meeting Day and Time: Monday, 7 – 9 p.m. ET

Administrative Mentor: Linda (Kitty) Ryan
mumcat37@gmail.com
Group #: 4188
Status: Full for Fall 2022-23
Meeting Day and Time: Monday, 7 – 9:00 p.m. MT (except Arizona)

Administrative Mentor: Katie Thomson
Katie.thomson@sbcglobal.net
Group #:
Status: Recruiting for Fall 2023
Meeting Day and Time: Monday, 6:30 p.m. CT

Administrative Mentor: Steve Van Allen
wsvanallen@yahoo.com
Group #: 6871
Status: New group that will start September 2022 – recruiting
Meeting Day and Time: Monday, 6 – 8:00 p.m. ET

Administrative Mentor / Co-Mentor: Terry Zimmer / Dana Fritz
ztleman@gmail.com
dfritz404@gmail.com
Group #: 6886
Status: Recruiting for Fall 2022 and open to new members in any EfM year
Meeting Day and Time: Monday, 6:15 – 8:30 p.m. CT

TUESDAY GROUPS

Administrative Mentor / Co-Mentor:
Paul Bishop / Lucy Chaplin
pbishop4@gmail.com
lucychaplin10@gmail.com
Group #: 5401
Status: Active group, now recruiting for September 2023 start
Meeting Day and Time: Tuesdays, 7-9 p.m. ET via Zoom

Administrative Mentor: John Brockmann
jbrockma@udel.edu
Group #: 6577
Status: Recruiting new members for Fall 2023-24. Visit John's website for more information.
Meeting Day and Time: Tuesday, 7 – 9:30 p.m. ET

Administrative Mentor / Co-Mentor:
Jo Ann McAdams / Mary Gail Compton
jag0370@comcast.net
mgcomp.home@gmail.com
Group #: 3494
Status: Starting new year on September 6, 2022
Meeting Day and Time: Tuesday, 9:45 – 11:00 a.m. and Thursday, 9:45 – 11:00 a.m. Eastern Standard Time

Administrative Mentor / Co-Mentor:
Angela Hock-Brewer / Rick Brewer
angela.hock@msn.com
rick_brewer@msn.com
Group #: 12547
Status: Recruiting for September 5, 2023 start; group year will end in late May 14, 2024.
Meeting Day and Time: Tuesday, 6-8:30 p.m. CT

Administrative Mentor: Kay McCall
kgbmccall@gmail.com
Group #: 13061
Status: Full for Fall 2023. Anticipated start date: September 12
Meeting Day and Time: Tuesday, 6:30-9 p.m. Pacific Time

Administrative Mentor: Laura Orcutt
laura.orcutt.007@gmail.com
Group #: 18381
Status: Online group recruiting for Fall 2023, starting October 3—need a few more participants
Meeting Day and Time: Tuesday, 4:00 p.m. MDT

Administrative Mentor: Greg Richardson
strategicmonk@gmail.com
Group #: 18159
Status: Recruiting for September 2023; Starting September 5, 2023
Meeting Day and Time: Tuesday, at 5 – 6:45 p.m. Pacific time

Administrative Mentor: Rinda Skaggs
rinda.skaggs@gmail.com
Group Name: Skaggs Tuesday 2023
Status: Active group / full for Fall 2023 – first meeting September 5, 2023
Meeting Day and Time: Tuesday, 7:30-9 p.m. CST

Administrative Mentor: Hawley Todd
todd@episcopalhealing.org
Group#: 6558
Status: Inclusive & diverse group – accepting new participants for 2023
Meeting Day and Time: Tuesday mornings, starting time 10 a.m. Eastern, starting date September 12, 2023

Administrative Mentor: Hawley Todd
todd@episcopalhealing.org
Group #: 6168
Status: Inclusive and diverse group – accepting new participants for 2023
Meeting Day and Time: Tuesday evenings, starting time 7 p.m. Eastern, starting date September 12, 2023

Administrative Mentor / Co-Mentor:
John Toth / Cynthia Toth
jrtoth59@gmail.com
cynthianewhope@gmail.com
Group #: 6462
Status: Starting September 7, 2021
Meeting Day and Time: Tuesday, 6 – 8 p.m. CT

Administrative Mentor / Co-Mentor:
Josie Williams / Theo Williams
josiew48@gmail.com
willted58@gmail.com
Group #: 18365
Status: Recruiting for September 2023
Meeting Day and Time: Tuesday, 7 – 8:30 p.m. CT

Administrative Mentor: Ruth Winkler
fruthwinkler@gmail.com
Group #: 6917
Status: Recruiting for January 2024. Need 4 more participants.
Meeting Day and Time: Tuesday, 7 p.m. CT

Administrative Mentor: Cheri Winter
cherikwinter@gmail.com
Group #: 6939
Status: Recruiting for a January 9, 2024, start. Will end November 19, 2024, with a summer break beginning June 11 and returning to session on August 13, 2024
Meeting Day and Time: Tuesday, 6 – 8:15 p.m. Mountain Time (Colorado)

WEDNESDAY GROUPS

Administrative Mentor / Co-Mentor:
Patricia Leach / Stephanie Hull
sewingbee1956@gmail.com
stephaniehull@comcast.net
Group #: 6719
Status: Recruiting to start mid-September 2023
Meeting Day and Time: Wednesday, 6:30 p.m. ET

Administrative Mentor: Karen LeBlanc
kdc.tubadva@gmail.com
Group Name: LeBlanc Wednesday night 2023
Status: Starting early September. Recruiting.
Meeting Day and Time: Wednesday, 5 – 8 PM PST

Administrative Mentor / Co-Mentor: Rebecca McEnally / Carter Huber
rmcenally@gmail.com
shropshire2325@gmail.com
Group #: 6515
Status: Recruiting for 2023-2024; Starting September 13, 2023
Meeting Day and Time: Wednesday, 10–11:30 a.m. EST

Administrative Mentor: Annie Pike
anniealexpike@gmail.com
Group #: 13133
Status: Recruiting for September 2023 start
Meeting Day and Time: Wednesday, 10 a.m. – 12 p.m. ET (time flexible depending on group)

Administrative Mentor: Steve VanAllen
wsvanallen@yahoo.com
Group #: 12619
Status: Active group, but will have openings Fall 2023
Meeting Day and Time: Wednesday, 2-3:30 p.m. EST

Administrative Mentor: Sam Wilson, Jr.
samwilsonjr46@gmail.com
Group #: 6985
Status: Open to Years 1-4 participants; recruiting now for Fall 2023
Meeting Day and Time: Wednesday, 7-9:00 p.m. EDT/EST

THURSDAY GROUPS

Administrative Mentor:
Sister Jenny Adaryn
sr.jenny.adaryn@gmail.com
Group #:
Status: Starting in January 2023
Meeting Day and Time: Thursday, 11 a.m.-12:30 p.m. Pacific Time

Administrative Mentor / Co-Mentor:
Dorothee Caulfield / Lanning Taliaferro
drcsd57@gmail.com
lanning.taliaferro@gmail.com
Group #: 6764
Status: Full for 2022. Recruiting for Fall 2023.
Meeting Day and Time: Thursday, 7 p.m. ET

Administrative Mentor: RuthElizabeth Conine
reconine@gmail.com
Group #: 12611
Status:
Meeting Day and Time: Thursday, 10-11:30 a.m. EST

Administrative Mentor: Terri Gabrielson
tkgabe1453@yahoo.com
Group #:
Status: Recruiting for Fall 2023
Meeting Day and Time: Thursday, 6:30 p.m. Eastern Time

Administrative Mentor / Co-Mentor:
Clyde Kunz / Caroline Wolstenholme
clyde.kunz1@gmail.com
nickandcarolinew@msn.com
Group #: 7018
Status: Recruiting for Fall 2023.
Meeting Day and Time: Thursday, 5:30 – 7:30 p.m. Arizona Time

Administrative Mentor: Mary Novello
marynovello@icloud.com
Group #: 6655
Status: Recruiting for September 8, 2022, start. Has openings.
Meeting Day and Time: Thursday, 7 – 9 p.m. ET

Administrative Mentor / Co-Mentor:
Karen Otte / Victor Friedrich
karen.otte@me.com
victor.friedrich@mac.com
Group #: 6820
Status: Recruiting for September 15, 2022, start
Meeting Day and Time: Thursday, 7 – 9 p.m. ET

Administrative Mentor: Jim Papile
jimpapile@gmail.com
Group #: 6891
Status: Accepting new members for Fall 2022
Meeting Day and Time: Thursday, 8:30–10 p.m. EST

Administrative Mentor: Greg Richardson
strategicmonk@gmail.com
Group #: 12523
Status: Recruiting for September 2023; Starting September 7, 2023
Meeting Day and Time: Thursday, 5 – 6:45 p.m. Pacific time.

Administrative Mentor: John Sucke
jsucke3@hotmail.com
Group #: 6197
Status: Recruiting for September 2023
Meeting Day and Time: Thursday, 8-9:30 p.m. EST

FRIDAY GROUPS

Administrative Mentor: Gaylene Reiten
gaylenereiten@gmail.com
Group #: 7022
Status: This all-years group will start on January 5, 2024, and has a few openings left.
Meeting Day and Time: Friday, 9:15 a.m.-11:45 a.m. PT

EfM Online Mentors and Groups – Canada

Note: US citizens may only enroll in online groups based in Canada if they maintain part-time residency in Canada.

EfM Canada Online Coordinator: David Harrison
djh@djharrison.ca

Administrative Mentor: David Harrison
djh@djharrison.ca
Group #: EFMCAN03
Status:
Meeting Day: Sunday, 4–6 p.m. AST

Administrative Mentor: Paula Porter Leggett
2rev2pl@gmail.com
Group #: EfMCANØ2
Status:
Meeting Day and Time: Monday, 3–5 p.m. PST

Administrative Mentor: Chris Ross
clross@telus.net
Group #: EfMCANØ1
Status:
Meeting Day and Time: Thursday, 3:30–5:30 p.m. PST

EfM Online Mentors and Groups – Europe

Administrative Mentor/Co-Mentor:
Kaye O'Connell/Yvonne Cockcroft
kaye.oconnell@gmx.de
yvonne@cockcroft.de
Group#: 6582
Status: Diverse and longstanding group. Accepting new participants for September 2023.
Meeting Day and Time: Tuesday, 19:00 to 20:30 European Standard Time