

U.S. Groups:

SUNDAY GROUPS

Administrative Mentor / Co-Mentor:

John Clinton Bradley / Denise Junker

johnclint@gmail.com

denise.e.junker@gmail.com

Group #: 6458

Status: Full for Fall 2023

Meeting Day and Time: Sunday, 5-7 p.m. ET

More Info & Reservations <https://bit.ly/efm6458>

Administrative Mentor: RoseAnn Evans

roseann.evans@yahoo.com

Group: 18117

Status: Recruiting for September 2022

Meeting Day and Time: Sunday, 3-5:00 p.m. ET

Administrative Mentor: Mandy Frantz

mandydfz@gmail.com

Group: 6742

Status: Began January 8, 2023

Meeting Day and Time: Sunday from 4-6:30 p.m. ET, meeting bi-weekly

Administrative Mentor: Cathrene Glick

glickcathrene@gmail.com

Group #: 5698

Status: Begins in February each year.

Meeting Day and Time: Sunday 7:30–9 p.m. EST

Administrative Mentor: Mary Novello

marynovello@icloud.com

Group #:

Status: Recruiting for February 11, 2024, start. Has openings. All years welcome.

Meeting Day and Time: Sunday, 6 p.m. ET

Administrative Mentor / Co-Mentor:**Ruth Richter / Cindy Pekarek**

ruthrichter@roi-consulting.com

circlecnp@gmail.com

Group #: 5482**Status:** Recruiting for September 2023. Starting September 17. Still have openings.**Meeting Day and Time:** Sunday, 6:15 – 8:15 p.m. CT**Administrative Mentor / Co-Mentor: Sandra Squires / Tammy Lassen****Group #:** 12643

sandrasquires1@icloud.com

tammylassen@twc.com

Status: Full for Fall 2022**Meeting Day and Time:** Sunday, 1:30 – 3:30 p.m. CT, with pre- & post-consultation time upon request**Administrative Mentor / Co-Mentor:****Maggie Taliaferro / Kay Flores**

maggietaliaferro@gmail.com

kaydflores@gmail.com

Group #: 5232**Status:** Open for all years for Fall of 2023**Meeting Day and Time:** Sunday, 6:30–8:30 p.m. CT

MONDAY GROUPS

Administrative Mentor / Co-Mentor**Gaines Campbell / Wendy Lomicka**

gcampbell@videousa.com

wenlom@gmail.com

Group #: 6898**Status:** An active group and recruiting for September 2023. Openings for all class years.**Meeting Day and Time:** Monday, 6:30 – 9 p.m. ET**Administrative Mentor / Co-Mentor: Bob Coghill / Laura Achee**

rcoghill2@gmail.com

artic_cajun@yahoo.com

Group #:**Status:** Recruiting for 2023-2024. Beginning September 11, 2023**Meeting Day and Time:** Monday, 5:30 p.m. Alaska time (PT -1)

Administrative Mentor / Co-Mentor: Katherine Duck / Gary Duck

katduck@gmail.com

gduck49@gmail.com

Group #: 5807**Status:** Full for January 2023. Accepting participants for 2024.**Meeting Day and Time:** Monday 7:30–9:15 p.m. ET. We take 8 weeks off in the summer and the month of December.**Administrative Mentor / Co-Mentor: Esther Harbert / Kristen Reinberger**

eharbert@gmail.com

kristen.a.reinberger@gmail.com

Group #: 15063**Status:** Current group is full for 2022; recruiting for September 2023. Visit their [website](#) for more information.**Meeting Day and Time:** Monday 6:30 p.m. ET (some flexibility)**Administrative Mentor / Co-Mentor:****Steve Isham / Karen Byers**

stevenisham@charter.net

kdbyers@comcast.net

Group #:**Status:** Recruiting for Fall 2021; starting September 13, 2021**Meeting Day and Time:** Monday, 2:30 – 5:00 p.m. ET**Administrative Mentor: Ken Kimsey**

kenkimsey53@gmail.com

Group: 6332**Status:** Beginning September 12, 2022. Openings for Years 2 and 4**Meeting Day and Time:** Monday, 6:00-7:30 p.m. ET**Administrative Mentor / Co-Mentor:****Jim Morton / Ken Alexander**

jimmorton2000@comcast.net

kbalexx119@gmail.com

Group #: 6771**Status:** Our group is currently active and will have 5 new openings in Fall 2023. If you're interested or just have questions, please contact Ken or Jim by September 1.**Meeting Day and Time:** Monday, 9 a.m. – 12 Noon EST**Administrative Mentor: Melody Oliphant**

merriemelody39@gmail.com

Group #: 12715**Status:** Recruiting for Fall 2023**Meeting Day and Time:** Monday, 6:30 – 9 p.m. MT

Administrative Mentor: Chris Opsal

clopsal@gmail.com

Group #: 15381**Status:** The group is accepting a few more members for Fall 2023.**Meeting Day and Time:** Monday, 6:30 – 8:30 p.m. Central Time.**Administrative Mentor / Co-Mentor:****Karen Otte / Victor Friedrich**

karen.otte@me.com

victor.friedrich@mac.com

Group #: 6616**Status:** Recruiting for September 12, 2022, start.**Meeting Day and Time:** Monday, 7 – 9 p.m. ET**Administrative Mentor: Linda (Kitty) Ryan**

mumcat37@gmail.com

Group #: 4188**Status:** Full for Fall 2022-23**Meeting Day and Time:** Monday, 7 – 9:00 p.m. MT (except Arizona)**Administrative Mentor: Katie Thomson**

Katie.thomson@sbcglobal.net

Group #:**Status:** Recruiting for Fall 2023**Meeting Day and Time:** Monday, 6:30 p.m. CT**Administrative Mentor: Steve Van Allen**

wsvanallen@yahoo.com

Group #: 6871**Status:** New group that will start September 2022 – recruiting**Meeting Day and Time:** Monday, 6 – 8:00 p.m. ET**Administrative Mentor / Co-Mentor: Terry Zimmer / Dana Fritz**

ztleman@gmail.com

dfritz404@gmail.com

Group #: 6886**Status:** Recruiting for Fall 2022 and open to new members in any EfM year**Meeting Day and Time:** Monday, 6:15 – 8:30 p.m. CT

TUESDAY GROUPS

Administrative Mentor / Co-Mentor:

Paul Bishop / Lucy Chaplin

pbishop4@gmail.com

lucychaplin10@gmail.com

Group #: 5401

Status: Active group, now recruiting for September 2023 start

Meeting Day and Time: Tuesdays, 7-9 p.m. ET via Zoom

Administrative Mentor: John Brockmann

jbrockma@udel.edu

Group #: 6577

Status: Recruiting new members for Fall 2023-24. Visit John's [website](#) for more information.

Meeting Day and Time: Tuesday, 7 – 9:30 p.m. ET

Administrative Mentor / Co-Mentor:

Jo Ann McAdams / Mary Gail Compton

jag0370@comcast.net

mgcomp.home@gmail.com

Group #: 3494

Status: Starting new year on September 6, 2022

Meeting Day and Time: Tuesday, 9:45 – 11:00 a.m. and Thursday, 9:45 – 11:00 a.m. Eastern Standard Time

Administrative Mentor / Co-Mentor:

Angela Hock-Brewer / Rick Brewer

angela.hock@msn.com

rick_brewer@msn.com

Group #: 12547

Status: Recruiting for September 5, 2023 start; group year will end in late May 14, 2024.

Meeting Day and Time: Tuesday, 6-8:30 p.m. CT

Administrative Mentor: Kay McCall

kgbmccall@gmail.com

Group #: 13061

Status: Full for Fall 2023. Anticipated start date: September 12

Meeting Day and Time: Tuesday, 6:30-9 p.m. Pacific Time

Administrative Mentor: Laura Orcutt

laura.orcutt.007@gmail.com

Group #: 18381

Status: Online group recruiting for Fall 2023, starting October 3—need a few more participants

Meeting Day and Time: Tuesday, 4:00 p.m. MDT

Administrative Mentor: Greg Richardson

strategicmonk@gmail.com

Group #: 18159

Status: Recruiting for September 2023; Starting September 5, 2023

Meeting Day and Time: Tuesday, at 5 – 6:45 p.m. Pacific time

Administrative Mentor: Rinda Skaggs

rinda.skaggs@gmail.com

Group Name: Skaggs Tuesday 2023

Status: Active group / full for Fall 2023 – first meeting September 5, 2023

Meeting Day and Time: Tuesday, 7:30-9 p.m. CST

Administrative Mentor: Hawley Todd

todd@episcopalhealing.org

Group#: 6558

Status: Inclusive & diverse group – accepting new participants for 2023

Meeting Day and Time: Tuesday mornings, starting time 10 a.m. Eastern, starting date September 12, 2023

Administrative Mentor: Hawley Todd

todd@episcopalhealing.org

Group #: 6168

Status: Inclusive and diverse group – accepting new participants for 2023

Meeting Day and Time: Tuesday evenings, starting time 7 p.m. Eastern, starting date September 12, 2023

Administrative Mentor / Co-Mentor:

John Toth / Cynthia Toth

jrtoth59@gmail.com

cynthianewhope@gmail.com

Group #: 6462

Status: Starting September 7, 2021

Meeting Day and Time: Tuesday, 6 – 8 p.m. CT

Administrative Mentor / Co-Mentor:

Josie Williams / Theo Williams

josiew48@gmail.com

willted58@gmail.com

Group #: 18365

Status: Recruiting for September 2023

Meeting Day and Time: Tuesday, 7 – 8:30 p.m. CT

Administrative Mentor: Ruth Winkler

fruthwinkler@gmail.com

Group #: 6917**Status:** Recruiting for January 2024. Need 4 more participants.**Meeting Day and Time:** Tuesday, 7 p.m. CT**Administrative Mentor: Cheri Winter**

cherikwinter@gmail.com

Group #: 6939**Status:** Recruiting for a January 9, 2024, start. Will end November 19, 2024, with a summer break beginning June 11 and returning to session on August 13, 2024**Meeting Day and Time:** Tuesday, 6 – 8:15 p.m. Mountain Time (Colorado)**WEDNESDAY GROUPS****Administrative Mentor / Co-Mentor:****Patricia Leach / Stephanie Hull**

sewingbee1956@gmail.com

stephaniehull@comcast.net

Group #: 6719**Status:** Recruiting to start mid-September 2023**Meeting Day and Time:** Wednesday, 6:30 p.m. ET**Administrative Mentor: Karen LeBlanc**

kdc.tubadv@gmail.com

Group Name: LeBlanc Wednesday night 2023**Status:** Starting early September. Recruiting.**Meeting Day and Time:** Wednesday, 5 – 8 PM PST**Administrative Mentor / Co-Mentor: Rebecca McEnally / Carter Huber**

rmcenally@gmail.com

shropshire2325@gmail.com

Group #: 6515**Status:** Recruiting for 2023-2024; Starting September 13, 2023**Meeting Day and Time:** Wednesday, 10–11:30 a.m. EST**Administrative Mentor: Annie Pike**

anniealexpik@gmail.com

Group #: 13133**Status:** Recruiting for September 2023 start**Meeting Day and Time:** Wednesday, 10 a.m. – 12 p.m. ET (time flexible depending on group)

Administrative Mentor: Steve VanAllen

wsvanallen@yahoo.com

Group #: 12619**Status:** Active group, but will have openings Fall 2023**Meeting Day and Time:** Wednesday, 2-3:30 p.m. EST**Administrative Mentor: Sam Wilson, Jr.**

samwilsonjr46@gmail.com

Group #: 6985**Status:** Open to Years 1-4 participants; recruiting now for Fall 2023**Meeting Day and Time:** Wednesday, 7-9:00 p.m. EDT/EST**THURSDAY GROUPS****Administrative Mentor:****Sister Jenny Adaryn**

sr.jenny.adaryn@gmail.com

Group #:**Status:** Starting in January 2023**Meeting Day and Time:** Thursday, 11 a.m.-12:30 p.m. Pacific Time**Administrative Mentor / Co-Mentor:****Dorothee Caulfield / Lanning Taliaferro**

drcsd57@gmail.com

lanning.taliaferro@gmail.com

Group #: 6764**Status:** Full for 2022. Recruiting for Fall 2023.**Meeting Day and Time:** Thursday, 7 p.m. ET**Administrative Mentor: RuthElizabeth Conine**

reconine@gmail.com

Group #: 12611**Status:****Meeting Day and Time:** Thursday, 10-11:30 a.m. EST**Administrative Mentor: Terri Gabrielson**

tkgabe1453@yahoo.com

Group #:**Status:** Recruiting for Fall 2023**Meeting Day and Time:** Thursday, 6:30 p.m. Eastern Time

Administrative Mentor / Co-Mentor:**Clyde Kunz / Caroline Wolstenholme**

clyde.kunz1@gmail.com

nickandcarolinew@msn.com

Group #: 7018**Status:** Recruiting for Fall 2023.**Meeting Day and Time:** Thursday, 5:30 – 7:30 p.m. Arizona Time**Administrative Mentor: Mary Novello**

marynovello@icloud.com

Group #: 6655**Status:** Recruiting for September 8, 2022, start. Has openings.**Meeting Day and Time:** Thursday, 7 – 9 p.m. ET**Administrative Mentor / Co-Mentor:****Karen Otte / Victor Friedrich**

karen.otte@me.com

victor.friedrich@mac.com

Group #: 6820**Status:** Recruiting for September 15, 2022, start**Meeting Day and Time:** Thursday, 7 – 9 p.m. ET**Administrative Mentor: Jim Papile**

jimpapile@gmail.com

Group #: 6891**Status:** Accepting new members for Fall 2022**Meeting Day and Time:** Thursday, 8:30–10 p.m. EST**Administrative Mentor: Greg Richardson**

strategicmonk@gmail.com

Group #: 12523**Status:** Recruiting for September 2023; Starting September 7, 2023**Meeting Day and Time:** Thursday, 5 – 6:45 p.m. Pacific time.**Administrative Mentor: John Sucke**

jsucke3@hotmail.com

Group #: 6197**Status:** Recruiting for September 2023**Meeting Day and Time:** Thursday, 8-9:30 p.m. EST

FRIDAY GROUPS

Administrative Mentor: Gaylene Reiten

gaylenereiten@gmail.com

Group #: 7022

Status: This all-years group will start on January 5, 2024, and has a few openings left.

Meeting Day and Time: Friday, 9:15 a.m.-11:45 a.m. PT

EfM Online Mentors and Groups – Canada

Note: US citizens may only enroll in online groups based in Canada if they maintain part-time residency in Canada.

EfM Canada Online Coordinator: David Harrison

djh@djharrison.ca

Administrative Mentor: David Harrison

djh@djharrison.ca

Group #: EFMCAN03

Status:

Meeting Day: Sunday, 4–6 p.m. AST

Administrative Mentor: Paula Porter Leggett

2rev2pl@gmail.com

Group #: EfMCAN02

Status:

Meeting Day and Time: Monday, 3–5 p.m. PST

Administrative Mentor: Chris Ross

cross@telus.net

Group #: EfMCAN01

Status:

Meeting Day and Time: Thursday, 3:30–5:30 p.m. PST

EfM Online Mentors and Groups – Europe

Administrative Mentor/Co-Mentor:

Kaye O’Connell/Yvonne Cockcroft

kaye.oconnell@gmx.de

yvonne@cockcroft.de

Group#: 6582

Status: Diverse and longstanding group. Accepting new participants for September 2023.

Meeting Day and Time: Tuesday, 19:00 to 20:30 European Standard Time