

## **SUNDAY GROUPS**

**Administrative Mentor / Co-Mentor:**

**John Clinton Bradley / Denise Junker**

[John Clinton Bradley](#)

[Denise Junker](#)

**Group #:** 6458

**Status:** Full for Fall 2023

**Meeting Day and Time:** Sunday, 5-7 p.m. ET

**More Info & Reservations** <https://bit.ly/efm6458>

**Administrative Mentor: RoseAnn Evans**

[RoseAnn Evans](#)

**Group:** 18117

**Status:** Recruiting for September 2022

**Meeting Day and Time:** Sunday, 3-5:00 p.m. ET

**Administrative Mentor: Mandy Frantz**

[Mandy Frantz](#)

**Group:** 6742

**Status:** Began January 8, 2023

**Meeting Day and Time:** Sunday from 4-6:30 p.m. ET, meeting bi-weekly

**Administrative Mentor: Cathrene Glick**

[Cathrene Glick](#)

**Group #:** 5698

**Status:** Begins in February each year.

**Meeting Day and Time:** Sunday 7:30–9 p.m. EST

**Administrative Mentor / Co-Mentor: Sandra Squires / Tammy Lassen**

**Group #:** 12643

[Sandra Squires](#)

[Tammy Lassen](#)

**Status:** Full for Fall 2022

**Meeting Day and Time:** Sunday, 1:30 – 3:30 p.m. CT, with pre- & post-consultation time upon request

**Administrative Mentor / Co-Mentor:**

**Maggie Taliaferro / Kay Flores**

[Maggie Taliaferro](#)

[Kay Flores](#)

**Group #:** 5232

**Status:** Open for all years for Fall of 2023

**Meeting Day and Time:** Sunday, 6:30–8:30 p.m. CT

## MONDAY GROUPS

**Administrative Mentor / Co-Mentor**

**Gaines Campbell / Wendy Lomicka**

[Gaines Campbell](#)

[Wendy Lomicka](#)

**Group #:** 6898

**Status:** An active group and recruiting for September 2023. Openings for all class years.

**Meeting Day and Time:** Monday, 6:30 – 9 p.m. ET

**Administrative Mentor / Co-Mentor: Bob Coghill / Laura Achee**

[Bob Coghill](#)

[Laura Achee](#)

**Group #:**

**Status:** Recruiting for 2023-2024. Beginning September 11, 2023

**Meeting Day and Time:** Monday, 5:30 p.m. Alaska time (PT -1)

**Administrative Mentor / Co-Mentor: Katherine Duck / Gary Duck**

[Katherine Duck](#)

[Gary Duck](#)

**Group #:** 5807

**Status:** Full for January 2023. Accepting participants for 2024.

**Meeting Day and Time:** Monday 7:30–9:15 p.m. ET. We take 8 weeks off in the summer and the month of December.

**Administrative Mentor / Co-Mentor: Esther Harbert / Kristen Reinberger**

[Esther Harbert](#)

[Kristen Reinberger](#)

**Group #:** 15063

**Status:** Current group is full for 2022; recruiting for September 2023. Visit their [website](#) for more information.

**Meeting Day and Time:** Monday 6:30 p.m. ET (some flexibility)

**Administrative Mentor / Co-Mentor:****Steve Isham / Karen Byers**[Steve Isham](#)[Karen Byers](#)**Group #:** Status: Recruiting for Fall 2021; starting September 13, 2021**Meeting Day and Time:** Monday, 2:30 – 5:00 p.m. ET**Administrative Mentor: Ken Kimsey**[Ken Kimsey](#)**Group:** 6332**Status:** Beginning September 12, 2022. Openings for Years 2 and 4**Meeting Day and Time:** Monday, 6:00-7:30 p.m. ET**Administrative Mentor: Sister Kate Dair Maxwell**[Sister Kate Dair Maxwell](#)**Group #:** 15381**Status:** The group is currently full.**Meeting Day and Time:** Monday, 6:30 – 8:30 p.m. Central Time.**Administrative Mentor / Co-Mentor:****Jim Morton / Ken Alexander**[Jim Morton](#)[Ken Alexander](#)**Group #:** 6771**Status:** Our group is currently active and will have 5 new openings in Fall 2023. If you're interested or just have questions, please contact Ken or Jim by September 1.**Meeting Day and Time:** Monday, 9 a.m. – 12 Noon EST**Administrative Mentor: Melody Oliphant**[Melody Oliphant](#)**Group #:** 12715**Status:** Recruiting for Fall 2023**Meeting Day and Time:** Monday, 6:30 – 9 p.m. MT**Administrative Mentor / Co-Mentor:****Karen Otte / Victor Friedrich**[Karen Otte](#)[Victor Friedrich](#)**Group #:** 6616**Status:** Recruiting for September 12, 2022, start.**Meeting Day and Time:** Monday, 7 – 9 p.m. ET

**Administrative Mentor: Linda (Kitty) Ryan**

[Linda \(Kitty\) Ryan](#)

**Group #:** 4188

**Status:** Full for Fall 2022-23

**Meeting Day and Time:** Monday, 7 – 9:00 p.m. MT (except Arizona)

**Administrative Mentor: Katie Thomson**

[Katie Thomson](#)

**Group #:**

**Status:** Recruiting for Fall 2023

**Meeting Day and Time:** Monday, 6:30 p.m. CT

**Administrative Mentor: Steve Van Allen**

[Steve Van Allen](#)

**Group #:** 6871

**Status:** New group that will start September 2022 – recruiting

**Meeting Day and Time:** Monday, 6 – 8:00 p.m. ET

**Administrative Mentor / Co-Mentor: Terry Zimmer / Dana Fritz**

[Terry Zimmer](#)

[Dana Fritz](#)

**Group #:** 6886

**Status:** Recruiting for Fall 2022 and open to new members in any EfM year

**Meeting Day and Time:** Monday, 6:15 – 8:30 p.m. CT

## TUESDAY GROUPS

**Administrative Mentor / Co-Mentor:**

**Paul Bishop / Lucy Chaplin**

[Paul Bishop](#)

[Lucy Chaplin](#)

**Group #:** 5401

**Status:** Active group, now recruiting for September 2023 start

**Meeting Day and Time:** Tuesdays, 7-9 p.m. ET via Zoom

**Administrative Mentor: John Brockmann**

[John Brockmann](#)

**Group #:** 6577

**Status:** Recruiting new members for Fall 2023-24. Visit John's [website](#) for more information.

**Meeting Day and Time:** Tuesday, 7 – 9:30 p.m. ET

**Administrative Mentor / Co-Mentor:****Jo Ann McAdams / Mary Gail Compton**[Jo Ann McAdams](#)[Mary Gail Compton](#)**Group #:** 3494**Status:** Starting new year on September 6, 2022**Meeting Day and Time:** Tuesday, 9:45 – 11:00 a.m. and Thursday, 9:45 – 11:00 a.m. Eastern Standard Time**Administrative Mentor / Co-Mentor:****Angela Hock-Brewer / Rick Brewer**[Angela Hock-Brewer](#)[Rick Brewer](#)**Group #:** 12547**Status:** Recruiting for September 5, 2023 start; group year will end in late May 14, 2024.**Meeting Day and Time:** Tuesday, 6-8:30 p.m. CT**Administrative Mentor: Kay McCall**[Kay McCall](#)**Group #:** 13061**Status:** Recruiting for September 2023. Anticipated start date: September 12**Meeting Day and Time:** Tuesday, 6:30-9 p.m. Pacific Time**Administrative Mentor: Greg Richardson**[Greg Richardson](#)**Group #:** 18159**Status:** Recruiting for September 2023; Starting September 5, 2023**Meeting Day and Time:** Tuesday, at 5 – 6:45 p.m. Pacific time**Administrative Mentor / Co-Mentor:****Ruth Richter / Cindy Pekarek**[Ruth Richter](#)[Cindy Pekarek](#)**Group #:** 5482**Status:** Recruiting for September 2022. Starting after Labor Day**Meeting Day and Time:** Tuesday, 6:15 – 8:15 p.m. CT**Administrative Mentor: Rinda Skaggs**[Rinda Skaggs](#)**Group #:** 7001**Status:** Active group – first meeting September 5, 2023**Meeting Day and Time:** Tuesday, 7:30-9 p.m. CST

**Administrative Mentor: Hawley Todd**

[Hawley Todd](#)

**Group#:** 6558

**Status:** Inclusive & diverse group – accepting new participants for 2023

**Meeting Day and Time:** Tuesday mornings, starting time 10 a.m. Eastern, starting date September 12, 2023

**Administrative Mentor: Hawley Todd**

[Hawley Todd](#)

**Group #:** 6168

**Status:** Inclusive and diverse group – accepting new participants for 2023

**Meeting Day and Time:** Tuesday evenings, starting time 7 p.m. Eastern, starting date September 12, 2023

**Administrative Mentor / Co-Mentor:**

**John Toth / Cynthia Toth**

[John Toth](#)

[Cynthia Toth](#)

**Group #:** 6462

**Status:** Starting September 7, 2021

**Meeting Day and Time:** Tuesday, 6 – 8 p.m. CT

**Administrative Mentor / Co-Mentor:**

**Josie Williams / Theo Williams**

[Josie Williams](#)

[Theo Williams](#)

**Group #:** 18365

**Status:** Recruiting for September 2023

**Meeting Day and Time:** Tuesday, 7 – 8:30 p.m. CT

**Administrative Mentor: Ruth Winkler**

[Ruth Winkler](#)

**Group #:** 6917

**Status:** Recruiting for January 2024. Need 4 more participants.

**Meeting Day and Time:** Tuesday, 7 p.m. CT

## WEDNESDAY GROUPS

**Administrative Mentor / Co-Mentor: Rebecca McEnally / Carter Huber**

[Rebecca McEnally](#)

[Carter Huber](#)

**Group #:** 6515

**Status:** Recruiting for 2023-2024; Starting September 13, 2023

**Meeting Day and Time:** Wednesday, 10–11:30 a.m. EST

**Administrative Mentor: Annie Pike**

[Annie Pike](#)

**Group #:** 13133

**Status:** Recruiting for September 2023 start

**Meeting Day and Time:** Wednesday, 10 a.m. – 12 p.m. ET (time flexible depending on group)

**Administrative Mentor: Steve VanAllen**

[Steve VanAllen](#)

**Group #:** 12619

**Status:** Active group, but will have openings Fall 2023

**Meeting Day and Time:** Wednesday, 2-3:30 p.m. EST

**Administrative Mentor: Sam Wilson, Jr.**

[Sam Wilson, Jr.](#)

**Group #:** 6985

**Status:** Open to Years 1-4 participants; recruiting now for Fall 2023

**Meeting Day and Time:** Wednesday, 7-9:00 p.m. EDT/EST

**Administrative Mentor: Cheri Winter**

[Cheri Winter](#)

**Group #:** 6939

**Status:** Recruiting for Wednesday, January 11, 2023, start

**Meeting Day and Time:** Wednesday, 6 – 7:45 p.m. Mountain Time (Colorado)

## THURSDAY GROUPS

**Administrative Mentor:**

**Sister Jenny Adaryn**

[Sister Jenny Adaryn](#)

**Group #:**

**Status:** Starting in January 2023

**Meeting Day and Time:** Thursday, 11 a.m.-12:30 p.m. Pacific Time

**Administrative Mentor / Co-Mentor:**

**Dorothee Caulfield / Lanning Taliaferro**

[Dorothee Caulfield](#)

[Lanning Taliaferro](#)

**Group #:** 6764

**Status:** Full for 2022. Recruiting for Fall 2023.

**Meeting Day and Time:** Thursday, 7 p.m. ET

**Administrative Mentor: RuthElizabeth Conine**

[RuthElizabeth Conine](#)

**Group #: 12611**

**Status:**

**Meeting Day and Time:** Thursday, 10-11:30 a.m. EST

**Administrative Mentor: Terri Gabrielson**

[Terri Gabrielson](#)

**Group #:**

**Status:** Recruiting for Fall 2023

**Meeting Day and Time:** Thursday, 6:30 p.m. Eastern Time

**Administrative Mentor / Co-Mentor:**

**Clyde Kunz / Caroline Wolstenholme**

[Clyde Kunz](#)

[Caroline Wolstenholme](#)

**Group #: 7018**

**Status:** Recruiting for Fall 2023.

**Meeting Day and Time:** Thursday, 5:30 – 7:30 PM Arizona Time

**Administrative Mentor / Co-Mentor:**

**Patricia Leach / Stephanie Hull**

[Patricia Leach](#)

[Stephanie Hull](#)

**Group #: 6719**

**Status:** Recruiting to start on first Thursday after Labor Day 2022

**Meeting Day and Time:** Thursday, 9:30 – 11:30 a.m. EST

**Administrative Mentor: Mary Novello**

[Mary Novello](#)

**Group #: 6655**

**Status:** Recruiting for September 8, 2022, start. Has openings.

**Meeting Day and Time:** Thursday, 7 – 9 p.m. ET

**Administrative Mentor: Laura Orcutt**

[Laura Orcutt](#)

**Group #: 18381**

**Status:** Online group recruiting for Fall 2023

**Meeting Day and Time:** Thursday, 6:30-8:30 p.m. MT



**Administrative Mentor / Co-Mentor:****Karen Otte / Victor Friedrich**[Karen Otte](#)[Victor Friedrich](#)**Group #:** 6820**Status:** Recruiting for September 15, 2022, start**Meeting Day and Time:** Thursday, 7 – 9 p.m. ET**Administrative Mentor: Jim Papile**[Jim Papile](#)**Group #:** 6891**Status:** Accepting new members for Fall 2022**Meeting Day and Time:** Thursday, 8:30–10 p.m. EST**Administrative Mentor: Greg Richardson**[Greg Richardson](#)**Group #:** 12523**Status:** Recruiting for September 2023; Starting September 7, 2023**Meeting Day and Time:** Thursday, 5 – 6:45 p.m. Pacific time.**Administrative Mentor: John Sucke**[John Sucke](#)**Group #:** 6197**Status:** Recruiting for September 2023**Meeting Day and Time:** Thursday, 8-9:30 p.m. EST

## FRIDAY GROUPS

**Administrative Mentor: Gaylene Reiten**[Gaylene Reiten](#)**Group #:** 7022**Status:** Recruiting for a new group starting January 6, 2023**Meeting Day and Time:** Friday, 9:30 a.m.-12:00 p.m. PT

## EfM Online Mentors and Groups – Canada

***Note:** US citizens may only enroll in online groups based in Canada if they maintain part-time residency in Canada.*

**EfM Canada Online Coordinator: David Harrison**[David Harrison](#)

**Administrative Mentor: David Harrison**

[David Harrison](#)

**Group #:** EFMCAN03

**Status:**

**Meeting Day:** Sunday, 4–6 p.m. AST

**Administrative Mentor: Paula Porter Leggett**

[Paula Porter Leggett](#)

**Group #:** EfMCAN02

**Status:**

**Meeting Day and Time:** Monday, 3–5 p.m. PST

**Administrative Mentor: Chris Ross**

[Chris Ross](#)

**Group #:** EfMCAN01

**Status:**

**Meeting Day and Time:** Thursday, 3:30–5:30 p.m. PST

## **EfM Online Mentors and Groups – Europe**

**Administrative Mentor/Co-Mentor:**

**Kaye O’Connell/Yvonne Cockcroft**

[Kaye O’Connell](#)

[Yvonne Cockcroft](#)

**Group#:** 6582

**Status:** Diverse and longstanding group. Accepting new participants for September 2023.

**Meeting Day and Time:** Tuesday, 19:00 to 20:30 European Standard Time